



Dear Parents,

Samurai Kickboxing are delighted to be teaching a kickboxing class at Cheselbourne Village School this September! The class will run as follows in term time:

Little Samurai

Tuesday 7th September 8.00am to 8.45am for Reception to Yr 2

Young Samurai

Wednesday 8th September 8.00am to 8.45am for Yr 3 upwards

Maximum of 16 students

Classes are £6.50 per lesson. 1 FREE TRIAL session offered for new students

Our Kickboxing classes are safe, professional and fun and offer a variety of fantastic benefits for your children:

- Improvement in general health and fitness including strength, balance, coordination, speed, agility and flexibility
- Opportunities for self-development including improved self-confidence, focus, discipline and mental well-being
- Learning self-protection techniques and how to deal with bullying

To book your child a space in the Samurai Kickboxing class, please register an account via the following link and then enrol your child onto the Cheselbourne Village School class.

<https://app.classmanager.com/portal/the-samurai-fitness-group-ltd/register>

We regret that we are unable to teach any students who have not booked.

Any problems, please do not hesitate to contact us by phone or email as detailed below.

Kind regards,

Amanda Farran

Samurai Kickboxing

07590 588266

dorset@samuraikickboxing.com

www.samuraikickboxing.com