Tasty nutritious food + Prepared with love = Happy, focused kids

Summer Lunch Menu

Monday 1 June	Tuesday 2 June	Wednesday 3 June	Thursday 4 June	Friday 5 June
G Beef Bolognaise with Pasta & Peas GDS Cheese Sub Roll with Mixed Salad Dessert of the Day or Fresh Fruit	GS Ham Sub Roll with Crudités D Jacket Potato with Baked Beans & Grated Cheese Dessert of the Day or Fresh Fruit	GD Pork Sausage with Mashed Potato, Peas & Gravy GDS Cheese Sub Roll with Mixed Salad Dessert of the Day or Fresh Fruit	GDS Cheese Sub Roll with Crudités FE Jacket Potato with Tuna & Mixed Salad Dessert of the Day or Fresh Fruit	GDF Battered Fish with Chips , Peas & Tomato Ketchup GD Cheese & Bean Burger with Chips, Peas & Tomato Ketchup Dessert of the Day or Fresh Fruit
Monday 8 June	**Tuesday 9 June**	**Wednesday 10 June**	**Thursday 11 June**	**Friday 12 June**
GD Cheese & Tomato Pizza with Peas & Carrots Jacket Potato with Ham & Mixed Salad Dessert of the Day or Fresh Fruit	GDFE Tuna Sub Roll with Crudités GD Jacket Potato with Spaghetti Hoops & Grated Cheese Dessert of the Day or Fresh Fruit	GDS Beef Burger in a Roll with Corn on the Cob, Baked Beans & Tomato Ketchup D Jacket Potato with Cheese & Mixed Salad Dessert of the Day or Fresh Fruit	GS Ham Sub Roll with Crudités D Jacket Potato with Baked Beans & Grated Cheese Dessert of the Day or Fresh Fruit	GDF Breaded Fillet of Fish with Chips, Peas & Tomato Ketchup GDE Quorn Sausage with Chips, Peas & Tomato Ketchup Dessert of the Day or Fresh Fruit
Monday 15 June	**Tuesday 16 June**	**Wednesday 17 June**	**Thursday 18 June**	**Friday 19 June**
GSFE Tuna Sub Roll with Crudités D Jacket Potato with Spaghetti Hoops & Grated Cheese Dessert of the Day or Fresh Fruit	GDS Meatball Sub with Tomato Sauce, Grated Cheese & Peas GDES Veg Ball Sub with Tomato Sauce, Grated Cheese & Peas Dessert of the Day or Fresh Fruit	GDES Chicken & Mayo Sub Roll with Mixed Salad D Jacket Potato with Baked Beans & Grated Cheese Dessert of the Day or Fresh Fruit	GD Macaroni Cheese With Peas & Garlic Bread GS Ham Sub Roll with Crudités Dessert of the Day or Fresh Fruit	FG Fish Fingers with Chips, Peas & Tomato Ketchup G Fishless Fingers with Chips, Peas & Tomato Ketchup Dessert of the Day or Fresh Fruit
Monday 22 June	**Tuesday 23 June**	**Wednesday 24 June**	**Thursday 25 June**	**Friday 26 June**
G Beef Bolognaise with Pasta & Peas GSD Cheese Sub Roll with Mixed Salad Dessert of the Day or Fresh Fruit	GS Ham Sub Roll with Crudités D Jacket Potato with Baked Beans & Grated Cheese Dessert of the Day or Fresh Fruit	GD Pork Sausage with Mashed Potato, Peas & Gravy D Cheese Sub Roll with Mixed Salad Dessert of the Day or Fresh Fruit	GSD Cheese Sub Roll with Crudités FE Jacket Potato with Tuna & Mixed Salad Dessert of the Day or Fresh Fruit	GDF Battered Fish with Chips , Peas & Tomato Ketchup GD Cheese & Bean Burger with Chips, Peas & Tomato Ketchup Dessert of the Day or Fresh Fruit
Monday 29 June	**Tuesday 30 June**	**Wednesday 1 July**	**Thursday 2 July**	**Friday 3 July**
GD Cheese & Tomato Pizza with Peas & Carrots Jacket Potato with Ham & Mixed Salad Dessert of the Day or Fresh Fruit	GDFE Tuna Sub Roll with Crudités GD Jacket Potato with Spaghetti Hoops & Grated Cheese Dessert of the Day or Fresh Fruit	GDS Beef Burger in a Roll with Corn on the Cob, Baked Beans & Tomato Ketchup D Jacket Potato with Cheese & Mixed Salad Dessert of the Day or Fresh Fruit	GS Ham Sub Roll with Crudités D Jacket Potato with Baked Beans & Grated Cheese Dessert of the Day or Fresh Fruit	FG Breaded Fillet of Fish with Chips, Peas & Tomato Ketchup GDE Quorn Sausage with Chips, Peas & Tomato Ketchup Dessert of the Day or Fresh Fruit
Monday 6 July	**Tuesday 7 July**	**Wednesday 8 July**	**Thursday 9 July**	**Friday 10 July**
GSFE Tuna Sub Roll with Crudités D Jacket Potato with Spaghetti Hoops & Grated Cheese Dessert of the Day or Fresh Fruit	GDS Meatball Sub with Tomato Sauce, Grated Cheese & Peas GDES Veg Ball Sub with Tomato Sauce, Grated Cheese & Peas Dessert of the Day or Fresh Fruit	GDES Chicken & Mayo Sub Roll with Mixed Salad D Jacket Potato with Baked Beans & Grated Cheese Dessert of the Day or Fresh Fruit	GD Macaroni Cheese With Peas & Garlic Bread GS Ham Sub Roll with Crudités Dessert of the Day or Fresh Fruit	FG Fish Fingers with Chips, Peas & Tomato Ketchup G Fishless Fingers with Chips, Peas & Tomato Ketchup Dessert of the Day or Fresh Fruit
Monday 13 July	**Tuesday 14 July**	**Wednesday 15 July**	**Thursday 16 July**	**Friday 17 July**
G Beef Bolognaise with Pasta & Peas GSD Cheese Sub Roll with Mixed Salad Dessert of the Day or Fresh Fruit	GD Ham Sub Roll with Crudités D Jacket Potato with Baked Beans & Grated Cheese Dessert of the Day or Fresh Fruit	GD Pork Sausage with Mashed Potato, Peas & Gravy GSD Cheese Sub Roll with Mixed Salad Dessert of the Day or Fresh Fruit	GSD Cheese Sub Roll with Crudités FE Jacket Potato with Tuna & Mixed Salad Dessert of the Day or Fresh Fruit	GDF Battered Fish with Chips , Peas & Tomato Ketchup GD Cheese & Bean Burger with Chips, Peas & Tomato Ketchup Dessert of the Day or Fresh Fruit

It is your responsibility to order a meal your child can safely eat. To make this as easy as possible for you we have detailed the five most common allergens on the menu. These symbols show meals that **'contain'** specified allergens.

Ingredients for all our meals can be found by clicking on a meal choice on the online ordering system. For further allergen details please refer to the full allergen list at **localfoodlinks.org.uk/allergies**

We will work with you to provide allergen free meals for children who have medically confirmed food allergies.

DESSERT — **Desserts such as Cakes, Biscuits, Fruit, Yoghurt, Rice Pudding or Jelly**

CONTAINS ALLERGENS — **G** Gluten **D** Dairy **E** Egg **S** Soya **F** Fish

Childs Name

Monday 1 June — Week 1
Option 1 M T W T F
Option 2 M T W T F

Monday 8 June — Week 2
Option 1 M T W T F
Option 2 M T W T F

Monday 15 June — Week 3
Option 1
Option 2 M T W T F

Monday 22 June — Week 4
Option 1 M T W T F
Option 2 M T W T F

Monday 29 June — Week 5
Option 1 M T W T F
Option 2 M T W T F

Monday 6 July — Week 6
Option 1 M T W T F
Option 2 M T W T F

Monday 13 July — Week 7
Option 1 M T W T F
Option 2 M T W T F

School Name